

# YOUR SMILE AND ORAL HEALTH



**A healthy smile is more than just beautiful to look at; it also supports your overall health and well-being!**

Did you know that your oral health and systemic health are very closely connected? Today, researchers are finding more and more links between poor oral health and several medical issues. And, if that's not enough reason to make appointments for routine dental checkups and care, consider the reverse is also true. More than 90% of all systemic diseases can manifest signs and symptoms in the oral cavity.

At the office of Astoria Modern Family Dental, your oral health and overall well-being are our top priorities. By coming to our office as recommended for checkup visits, professional dental cleanings, and routine care, we can help you and every member of your family prevent the onset and progression of dental disease and maintain a smile that supports total health and wellness.

As the saying goes, "An ounce of prevention is worth a pound of cure." Working in partnership with our office is the smartest way to ensure the connection between your oral health and overall well-being is the best it can be!

**ASTORIA MODERN  
FAMILY DENTAL**

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